

82 - La Mujer Muerta

La Mujer Muerta is one of the most distinctive mountain ranges of the Sierra de Guadarrama. It owes its name ("Dead Woman") to the shape of the mountain, in which many see a lying woman with her arms crossed, and around which various legends have formed. The walk is a variant from the Segovian side instead of the more popular routes from Madrid. It is a walk with a large altitude difference, of which we cover a big part through the sheltered forest on the Segovian side. From the Puerto de Pasapán we go via the often cold and windy ridge to the top of El Oso and La Pinareja. From there we start a slightly tricky descent via a very stony slope.

- From where we parked the car (1) we follow the dirt road and after about 20 minutes we cross the GR-88 where we turn left through a green gate (2) into the forest.
- We follow this path for a long time until at about 1,490 metres we get at a crossing of four paths (3), where we turn left, up. At 1,600 metres, a path joins our trail from the left (4), but we just go straight on here.
- Finally, after a long climb we arrive at the Puerto de Pasapán (5), at 1,843 meters altitude. Behind this gate we immediately turn left, onto the ridge of the Mujer Muerta. This path is well marked with milestones and brings us up to the top of the Peña del Oso (6), at 2,196 metres.
- From the Peña del Oso the path continues to the Pinareja. This path is a bit trickier, since it runs through various rocks and large boulders. Once we are on the Pinareja (7) we go over the top and then down to the left.
- First we descend a while towards the mountain that we see right in front of us. At the lowest point of this descent (8) we turn left, onto a stony slope into the valley (La Pedrona). On this tricky descent through an immense amount of boulders we have to search a bit for the route into the valley. Occasionally, however, you do see milestones .
- After a long descent we eventually arrive at the stream Arroyo de la Peña del Oso (9) with a nice wide path where we turn right. The path then directly turns to the left with a curve. We follow this path a time until at the left we encounter a side path (10), which we enter.
- After a short uphill walk we arrive at the wide path where we already walked on the way out (11). We turn right and walk the last part back to the car (1) via the same route.

Fact Sheet

Duration: 7:00 hrs.
 Distance: 20.2 km.
 Route type: Circular route
 Path type: Dirt roads, trails
 Marking: Milestones (partially)
 Total difference in altitude: 1,183 m.
 Highest point: 2,198 m.
 Difficulty: Hard (9/15)



How to get there?

From Madrid take the A6 towards La Coruña and then the AP61 towards Segovia. Take on the AP61 exit 74 towards Ortigosa del Monte. Follow the N-603 for a while. Past the junction left to Navas de Riofrio continue in the direction Revenga. A few hundred meters further on turn right onto the asphalt road. A bit further on near the building we drive over the cattle grid and park the car behind it.



GPS Coordinates:
 Latitude: N 40 50.395
 Longitude: W 4 8.512

