

84 - Cabeza Mediana

This is an easy walk that without significant effort takes us to the small peak Cabeza Mediana, at about 1,330 metres. From the top we have a nice view on among others the Maliciosa, Siete Picos and the Sierra de Hoyo.

- The walk starts at the left side of the road where we parked the car (1) close to some houses. We follow this broad path and at a fork (2) go straight on.
- A little further on (3) we ignore a side trail on the right. A little further on the bend first turns to the right and then to the left. Here we ignore the path on the right and at the Y-junction (5) we turn right and go up.
- This path we follow for a long time. We cross a wide path where we go straight on (6). Further on we ignore a path on the left. We walk across an open field where we go straight ahead. Eventually we arrive at a dirt road that with some zigzag bends goes up (7). It is easier, however, to go straight ahead taking a short cut until we reach a bend in the dirt road (8), where we turn left.
- We follow this dirt road all the time. Further on we pass a junction with a path down to the left (9), which we ignore. We further follow the dirt road and eventually reach the top of the Cabeza Mediana (10).
- From Cabeza Mediana we walk back to the previous junction (9), where we turn right to go down. This path we follow down. It takes a left turn and a little further at the Y-junction (11) we keep left.
- We arrive at a narrow path (12) where we turn left. We cross a firebreak (13) where we go straight ahead and we end up on a dirt road (14) where we turn right further down.
- Further on we reach a T-junction (15) where we turn left. A little further at a Y-junction (16) we keep right and we continue on the dirt road.
- This way we eventually arrive at the path of the way out (5) where we turn right and walk back to the car (1).

Fact Sheet

Duration: 2:45 hrs.
 Distance: 12.3 km.
 Route type: Circular route
 Path type: Dirt roads, trails
 Marking: None
 Total difference in altitude: 355 m.
 Highest point: 1,331 m.
 Difficulty: Easy (0/15)



How to get there?

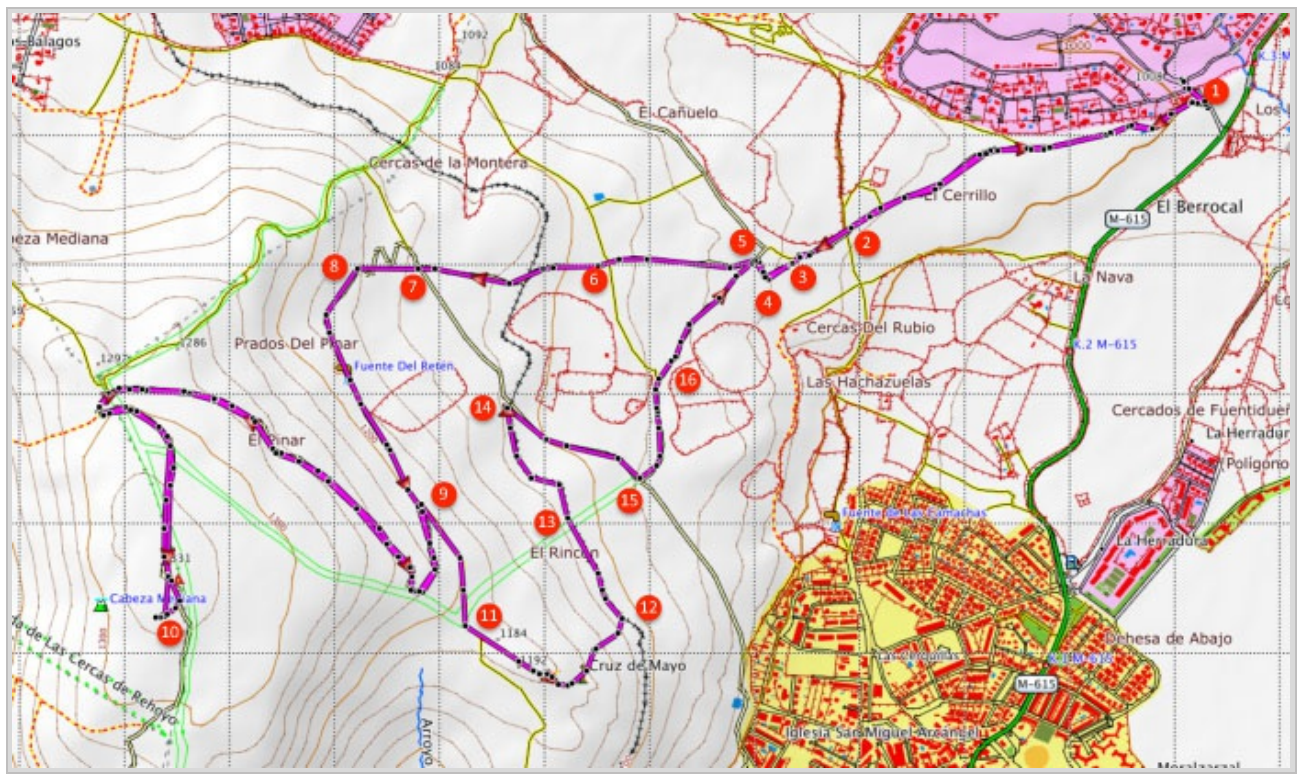
From Madrid take the A6 towards La Coruña and take exit 39 towards the Puerto de Navacerrada. At the first roundabout turn right onto the M-608 towards Collado Villalba and Moralzarzal. Follow the M-608 until Moralzarzal. When we are in Moralzarzal, turn left towards Mataelpino. Follow this road through a number of roundabouts. When we see a garden center on our right, we turn left onto the road and we park the car somewhere nearby.



GPS Coordinates:

Latitude: N 40 41.886

Longitude: W 3 57.786



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