

186 - Mina das Sombras

This hike in the Serra do Xurés in the border area between Galicia and Portugal, takes us to the old tungsten mine Mina das Sombras. It is a simple but slightly long hike that largely develops on a dirt road. From this road most of the time we have a very wide view of this nature reserve.

- From the road where we parked (1) take the trail on the right. This trail is not marked and sometimes a bit difficult to follow. The trail eventually turns to the right (to the west) and after in total half an hour we end up on a dirt road (2) where we go left.
- After about five minutes (3) we leave the dirt road and turn right onto a path that initially is wide.
- Five minutes later we ignore a path that divert on the right (4) and we go straight ahead, parallel to a wire fence.
- After more than five minutes we cross a stream (5) and again five minutes later we end up on a wide path (6) where we turn left.
- After 15 minutes we come out on a dirt road (7) and turn right.
- We follow this dirt road for over an hour until we find the white-yellow marking of the PR-G-215 (Mina das Sombras) on our left, in a bend of this road (8).
- Through this trail we reach the old mine "Mina das Sombras" (9) in about twenty minutes.
- The way back is via the same route.

Fact Sheet

Duration: 5:15 hrs.
 Distance: 19.9 km.
 Route type: Round trip
 Path type: Dirt roads, trails
 Marking: White-yellow (partially)
 Total difference in altitude: 624 m.
 Highest point: 1,209 m.
 Difficulty: Medium (4/15)



How to get there?

Take the OR-312 towards Lobios on the OU-540 near kilometre 62 and the bridge over the River Límia. Turn left in Lobios towards the OU-1202 (Strada de Portugal) and turn right after 140 meters at the first occasion. Follow this road for a few kilometres. Past the village of Saa we have to turn right at some point on the right and about 1.5 kilometres further, about 200 meters before a house, we turn right towards A Regada. After 400 meters we see a path on the right and we park the car here to start the hike.



GPS Coordinates:
 Latitude: N 41 53.074
 Longitude: W 8 03.858

